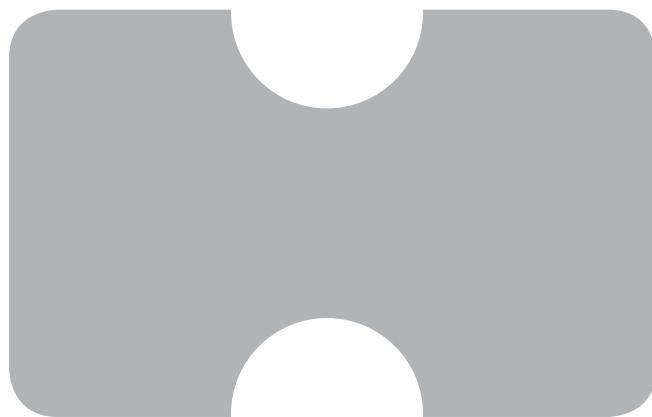
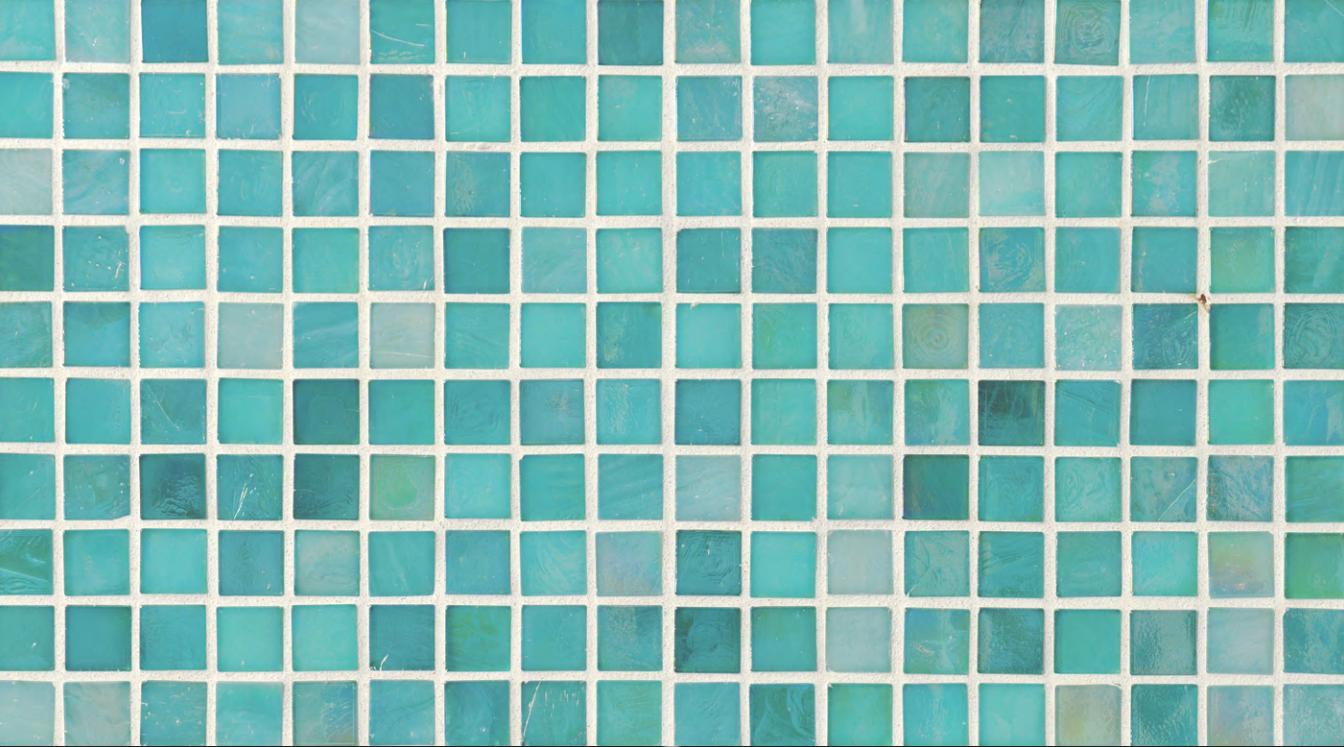


# THE SPA

AT THE BROADMOOR

2019 SPA MENU





Love the skin you're in! Our spa menu is filled with a variety of services that indulge your senses, boost your spirit and redeem your faith in the power of organics.

The Spa at The Broadmoor is healing from the outside-in by partnering with environmentally conscious companies that share our passion for wellness and aid us in reducing our carbon footprint, as well as extending our support to those guests who have dietary concerns.

By infusing our menu with vegan-friendly, gluten-free services, our spa is refining its understanding of what it means to "go green."

Our all-natural, partially organic skincare and body care products are results-oriented, blessed by Mother Nature herself.

# MASSAGE SERVICES

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Please state any therapist gender preference at time of booking.

## **SWEDISH MASSAGE.....**50 Minutes | \$155    80 Minutes | \$230

The most familiar massage technique, this massage is designed for relaxation. Long, smooth strokes and light pressure ease tired muscles.

## **SIGNATURE MASSAGE.....**50 Minutes | \$165    80 Minutes | \$245

If you have been here you know that this signature massage creates carefree comfort and is the ultimate massage experience. A wonderful combination of smooth, flowing massage techniques will ensure complete relaxation from head to toe. This begins with an inhalation to calm and ground the body followed by a full body and scalp massage, concluding with your feet encompassed in warm towels and a soothing foot massage.

## **DEEP TISSUE MASSAGE.....**50 Minutes | \$185    80 Minutes | \$260

Perfect for the athlete or experienced Spa patron, Deep Tissue massage is a hearty and refreshing service that relieves areas of tension or pain. Calculated, firm pressure helps break down knots to improve muscle mobility.

## **ASHIATSU DEEP THERAPY.....**80 Minutes | \$265

This deep, luxurious technique comes from the Oriental tradition of "ashi" (meaning foot) and "atsu" (meaning pressure). Ashiatsu is performed by the therapist with his or her bare feet on a massage table, while bars attached to the ceiling offer the therapist support and balance. Traditional work with hands on select areas is optional.

## **PRENATAL MASSAGE.....**50 Minutes | \$165    80 Minutes | \$235

Appropriate accommodations can be made for guests in second or third trimester to ensure safety

and comfort for both mother and child. Light to medium pressure and specific prenatal techniques are employed during service. Massage will assist in relieving muscle pain and tension, and reducing stress. Please note guests must be out of first trimester to receive this service.

## **POULTICE MASSAGE.....**80 Minutes | \$240

The Herbal Poultice is a deep heat muscle treatment dating back to 14th century Thailand. Heat, combined with herbs, is absorbed by the body and helps reduce aches and pains, stimulates circulation, detoxifies and conditions the skin.

## **COUPLES MASSAGE SERVICES.....**

Swedish, Signature, Prenatal or Deep Tissue massages are available for couples in our couples suite. To further customize your Couples Massage experience, each guest may choose the massage of his or her preference. Please request at time of booking.

## **MASSAGE UPGRADES.....**

Any 80-minute Swedish, Signature or Deep Tissue Massage may be enhanced with application of:

- Hot Stones.....\$25
- Aromatherapy Oil individualized to each form of massage.....\$25
- Poultice Foot Massage.....\$25

## **IN-ROOM MASSAGE.....**Add \$50\*

*\*After-hours fee: Any service conducted in-room after normal business hours will have an additional \$25 fee incurred.*

*For your convenience, a customary 22.5% service charge will be added to your Spa invoice.*

*Menu Services and Prices effective February 1, 2019.*



## SKIN CARE TREATMENTS

### **BRIGHT EYES & FULL LIPS**.....\$75

Awaken tired eyes! This service starts with a double cleanse utilizing our Clarisonic brush and an infusion of highly concentrated vitamins and minerals to plump, tone and diminish dark circles around the eye area and have fuller, more youthful lips. Perfect for men and women.

### **PERFECT PEEL**.....\$85

This no-downtime peel will brighten the skin, reduce the appearance of fine lines, rejuvenate, and tone. Your skin will be silky smooth and radiant.

### **OXYGEN INFUSION**.....*50 Minutes | \$185*

This cutting-edge treatment delivers oxygen under hyperbaric pressure to infuse an active serum to the deeper layers of the skin. Great for the high altitude of Colorado.

### **QUANTUM LIFT FACIAL**.....*50 Minutes | \$210*

This one-of-a-kind facial will wow even the biggest skeptic! Our quantum lift facial is designed to tighten, tone and firm all in one session. The highly designed equipment with the cooling system in surface layer uses proprietary technology to deliver radiofrequency energy to the collagen tissue of the dermis layer. When deep collagen tissue is heated up to a specific temperature, it will naturally produce instant shrinking, stimulate and rebuild a skin soft bracket. Tighten skin, reduce fine lines/wrinkles and recover the skin's elasticity and luster.

*The above services will increase sensitivity to sunlight. The application of a sunscreen is provided at time of service and encouraged for the next few days after service. Services not recommended for guests under the care of a Dermatologist.*

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## SKIN CARE ADD-ONS

*Indulge your facial a little more with one of these brilliant additions.*

**COLLAGEN MASK**.....\$25

- This cool and refreshing mask will plump and tone the skin.

**SCALP TREATMENT**.....\$25

- Enjoy this nourishing treatment for scalp and hair during any facial service.

**HAND TREATMENT**.....\$25

- Sunflower honey butter is used to hydrate and restore dry skin to its youthful state.

## HYDROTHERAPY

**HYDROTHERAPY COMBINATION**.....*50 Minutes | \$95*

The perfect start to a day of relaxation! Our Signature Hydrotherapy service features 18 shower heads that mimic a warm, vibrant waterfall cascading over your body. Enjoy the truly once-in-a-lifetime experience before soaking in our deep, relaxing tubs. A selection of mineral salt soaks, luxurious oil soaks, and hydrating coconut milk soaks will be presented at time of service. Choose the soak that best completes this distinctive experience.

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*Menu Services and Prices effective February 1, 2019.*

# SKIN CARE THERAPIES

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## **PURE FACIAL** ..... 50 Minutes | \$165

A high performance organic and raw facial featuring cold-pressed ingredients that deliver nutrients, antioxidants, and minerals to the skin. Cold-pressed raw ingredients will clarify, brighten, hydrate, and soften fine lines and wrinkles. Suited for all skin types, leaving skin perfectly radiant and protected from environmental elements.

## **TIMELESS FACIAL** ..... 50 Minutes | \$170

With precise customization and specific products selected just for you, this facial will stand the test of time! This results-focused, restorative facial was built and created for all skin types. Our skincare specialists will perform a variety of techniques guaranteeing to leave the skin feeling soft, extremely hydrated and with a beautiful glow.

## **RISE AND SHINE FACIAL** ..... 80 Minutes | \$265

Awaken tired skin and bring back that youthful glow with this highly advanced, highly effective facial. Using a precise method, a blade, and a delicate touch, the therapist simply abrades the surface of the skin using light feathering strokes, removing the dull, dead skin. This allows products to penetrate more deeply, resulting in a more refined, radiant appearance. Results can be noticed for up to three weeks!

## **ORGANIC MEN'S FACIAL** ..... 50 Minutes | \$170    80 Minutes | \$240

Look good + feel good = results achieved. Organic Skincare designed by men, for men, this simple but effective facial will target the daily challenges of your skin. This tailored service will put even the most restless mind at ease. Our 80-minute service tempts tranquility beginning with a light back massage and ending with an indulgent hand, arm, and scalp massage.

## **LEGACY FACIAL** ..... 80 Minutes | \$255

This facial will go down in history. We aligned our Broadmoor heritage and keen sense of style to produce this one-of-a-kind experience. We begin with an inhalation to calm and ground the body, a triple exfoliation to expose only the freshest skin, a suitable mask to tighten and firm, finishing with a face and scalp massage to provide deep relaxation. This facial is guaranteed to meet and exceed your expectations, leaving you wanting more.

## **PREMIUM FACIAL** ..... 80 Minutes | \$250

Deep within the roots of Bali culture morphed this one-of-a-kind, 80-minute facial. This treatment begins with our estheticians anointing oil on the back in a ritualistic performance. With tensions eased, we will carry out the eight much-needed levels of pampering to transform the skin. Our technicians will select products enriched with vitamins and botanicals tailored toward your specific skin therapy needs. Your face massage is a fusion of acupressure, lymphatic drainage, scalp and ear massage, finished with a European flair.

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Menu Services and Prices effective February 1, 2019.*

# BODY THERAPIES

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## **GINGER LIME AWAKENING.....50 Minutes | \$155**

An organic medley of carefully blended oils combined with ginger root, lime oil and sugar sweep away surface layer dead skin cells and reveal soft brightened skin. This savory blend will not only awaken the senses but leave your skin feeling refreshed.

## **SCRUB-TO-TABLE.....50 Minutes | \$175**

Become the chemist of your own body scrub! With a variety of options available, the scrub blend will be handcrafted for you, by you! Choose between salt or sugar with either an oil or cream base, then add a touch of aromatherapy and voila! Once your masterpiece is blended, your personalized scrub will be used to reveal fresh, hydrated, and glowing skin. Delight in the scrub-to-table experience. A service made just for you.

## **COCONUT CREAM DELIGHT.....80 Minutes | \$235**

The splendor of the tropics comes alive with this delicious moisturizing cream that will instantly revive dry skin. We prime the skin with exfoliating mitts that are whisked over the body before your delectable coconut cream is applied. A unique blend of exotic nut extracts rapidly hydrates skin and locks in the moisture to keep your skin perfectly hydrated and nourished. Pressure-point work of the face, ears and scalp will enhance your restful state. Inhale picturesque relaxation and experience a time-honored journey of hope and renewal.

## **AGE-DEFYING BODY WRAP.....80 Minutes | \$235**

This blissful, one-of-a-kind wrap is the perfect combination of science and indulgence to achieve maximum results. A combination of shea butter and body oil elixir brings to life a sense of health, harmony and mindful balance. We will expand your experience with a luxurious foot exfoliating treatment followed by a thorough face, ears and scalp massage. Para Cress, which is nature's botox, will plump, firm and age defy the body.

## **PURE FIJI SCRUB & MASSAGE .....80 Minutes | \$255**

Break away from daily demands and escape to a private tropical paradise. Raw cane sugar combined with coconut milk and exotic nut oils nourish with vitamins A, B, C and E to exfoliate, cleanse and rehydrate the skin. Warm towels are glazed over the body to remove residual scrub before concluding with a light, soothing body massage.

*For your convenience, a customary 22.5% service charge will be added to your Spa invoice.*

 *Indicates products used that are a minimum of 93% natural, with Gluten-Free and Vegan recognition.*

*Menu Services and Prices effective February 1, 2019.*

# PACKAGES

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## **THE QUEEN BEE** ..... *Package for one person \$420*

This perfectly balanced package has it all and is definitely fit for a queen. We begin by wrapping you in a divine, honey-based moisture veil that seals in moisture and brings rich color back to tired skin. Fragranced with velvety cinnamon notes, sweet cloves and of course, actual honey. Enjoy a full body massage with this light oil, infused with agave plant extracts, sandalwood, barley and amurens bark, significantly improving skin's trans-epidermal water loss, resulting in a hydrated, plumper and softer skin.

- Honey Wrap with Agave Nectar Massage
- Signature Manicure
- Basic Pedicure

## **WINE DOWN** ..... *Package for one person \$415*

Relax and enjoy the antioxidant benefits of wine! Our wine therapy line harnesses the antioxidant power of chardonnay grapeseed extract. Anti-aging, hydrating and fragrant, this is one of our most popular packages.

- 30-minute Chardonnay Sugar Scrub
- 50-minute Swedish massage with Olavie Wine Therapy Oil
- Signature Manicure
- Signature Pedicure

## **The B.F.F.** ..... *Package for one person \$410*

This well-rounded package will take care of your body, face, and feet. The perfect way to spend three hours at the Spa!

- 50-minute Signature Massage
- 50-minute Custom Facial
- Signature Pedicure

# BEAUTY SERVICES

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## MAKEUP SERVICES

### **MAKEUP APPLICATION WITH LESSON** ..... *\$75 (\$40 credit for retail purchase)*

Get the airbrushed look and treat your skin with our lightweight, full coverage makeup line. Our experts will show you special application techniques to help you achieve your desired look. Price includes a credit toward the purchase of makeup.

### **MAKEUP APPLICATION** ..... *\$55 (no retail credit)*

- Limited education

### **WEDDING MAKE UP** ..... *\$65 (\$25 credit for retail purchase)*

- Let us get you photo-ready! With attention to detail, our artists will prepare and finish the face for the perfect day or evening look. Makeup is set and ensured to last throughout your special day.

## LASH APPLICATION

### **STRIP LASH APPLICATION** ..... *\$25*

- Enhance your look with the application of strip lashes. Great for a night out or an amplified daytime look.

### **INDIVIDUAL LASH APPLICATION** ..... *\$30*

- For a less bold look, magnify your eyes with individual lashes.

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*Menu Services and Prices effective February 1, 2019.*

## HAIR CARE

*Price points are all starting rates and dependent on length, thickness and texture of the hair.*

**JUNIOR HAIRCUT (Ages 12 & younger)**.....\$45

**WOMEN'S HAIRCUT**.....*Starting at \$85*

**MEN'S HAIRCUT**.....*Starting at \$50*

**SHAMPOO AND STYLE: BRUSH ONLY**.....*Starting at \$60*

**HEATED IMPLEMENT UPGRADE**.....*Starting at \$15*

**SINGLE PROCESS/ALL OVER COLOR**.....*Starting at \$150*

- Includes Blow-dry & Style

**HIGHLIGHTS AND/OR LOWLIGHTS**.....*Starting at \$190*

- Utilizing traditional and/or Balayage techniques
- Includes Blow-dry & Style

### ADD ON TO ANY HAIR COLOR OR CUT APPOINTMENT:

• Malibu Treatment.....\$30

• Deep Conditioning Treatment.....\$20

 *Indicates products used that are a minimum of 93% natural, with Gluten-Free and Vegan recognition.*

**SPECIAL OCCASION STYLE**.....\$90

- Whether up or down, allow us to provide the perfect look. Shampoo not included.

**PRINCESS UPDO (Ages 12 & younger)**.....\$65

**PRE-WEDDING UPDO**.....\$70

- Bring your dreams, pictures and ideas for consultation with stylist.

**ULTIMATE NOURISHING HAIR WRAP** .....\$85

- An intoxicating blend of essential oils is massaged gently through the scalp before being smoothed into the hair. Relax while a rich hydrating mask repairs the structure of damaged hair. A final therapeutic cleanse and condition, followed by a Blow-dry and Style conclude this service.

**IN-ROOM SALON**.....*Add \$50 | Select services only*

*For your convenience, a customary 22.5% service charge will be added to your Spa invoice.*

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*Menu Services and Prices effective February 1, 2019.*



## NAIL THERAPIES

**JUNIOR MANI/PEDI COMBO (6 years to 12 years)** ..... 50 Minutes | \$80

- This combination service is fantastic for our up-and-coming Spa patron! Spoil your favorite person with basic cuticle care, massage and single color. We conclude this service with a special gift to take home!

**MINI MANICURE** ..... 35 Minutes | \$55

- Perfect for the woman on the go! Light cuticle work and nail shaping followed by polish of choice will get you ready for your week on the run!

**MEN'S MANICURE** ..... \$55

- Traditional nail and cuticle care followed by a hand exfoliation and soothing massage. Concludes with a high buff shine.

**SIGNATURE MANICURE**  ..... 50 Minutes | \$85

- Your manicure includes traditional nail and cuticle care followed by a rich cactus mask to deliver vital nutrients and minerals back into tired hands. We will lock in moisture and ease tensions with a hydrating hand massage. The ideal choice of polish completes your service.

**BASIC PEDICURE**  ..... 50 Minutes | \$95

- For the habitual Spa enthusiast, the Basic Pedicure service includes extended foot soak, nail and cuticle care, minimal callous care, luxurious foot massage with shea butter cream and color of choice.

 Indicates products used that are a minimum of 93% natural, with Gluten-Free and Vegan recognition.

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**SIGNATURE SPA PEDICURE**  .....*50 Minutes | \$105*

- Let us take your pedicure to a whole new place. Immerse your feet into a luxurious foot soak before you ease into zero gravity. Lie back and relax as we pamper your feet. We bring this service to a close with a lovely take-home gift for you.

**SHELLAC™ NAIL SERVICES**

*Like any quality polish application, the Shellac™ system features a base coat, color coat and top coat. Together with a UV lamp, they comprise the breakthrough in resilient color that provides a mirror finish, no dry time.*

**SHELLAC™ MANICURE** .....*50 Minutes | \$85*

- This dry manicure will treat the cuticle area, shape and buff the nail, with a final application of Shellac™ polish.

**SHELLAC™ REMOVAL** .....*\$30*

- Removal of Shellac™ product with a final nail buff and high shine. Cuticle work, nail shaping and additional polish color not included.

**GEL POLISH REMOVAL** .....*\$40*

- With a focus on preserving the natural nail, we will carefully wrap the nails in pure acetone to ensure full removal of any gel polish, eliminating any residue. A final application of cuticle oil will rehydrate and protect the nail.

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**WAXING SERVICES****LIP, CHIN OR CHEEK** .....*\$25 each area***BIKINI LINE** .....*\$65***BRAZILIAN BIKINI** .....*\$85***BACK** .....*\$75***UNDERARM** .....*\$30***EYEBROW** .....*\$30***BROW SHAPING** .....*\$50*

- A combination of waxing and tweezing will create a perfectly shaped brow. Good for the first-timer or a brow in need.

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# ESSENTIAL SPA INFORMATION

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## **BOOKING APPOINTMENTS**

While you are here, simply dial 5770 to access a Spa Reservations Agent. When off property, Spa Reservations may be made by calling the Spa directly at 719.577.5770 or 866.686.3965. We encourage you to schedule your Spa services well in advance of your visit to ensure the widest selection of treatments and appointment times. Spa appointments must be reserved with a credit card number or a resort reservation confirmation number. Your credit card will not be charged prior to your arrival, and, upon check-in, you may choose an acceptable payment method. Your credit card will only be charged in the event that another payment method is not chosen.

## **CANCELLATIONS**

We respectfully ask that you give the Spa a 24-hour notice if you must cancel any single appointment. A 48-hour notice is requested for multiple services or package appointment. Cancellations within this time frame will result in a 50% service charge; all no-show appointments will be billed in full.

## **CHANGE FEE**

If you must reschedule your appointment same day of service, a \$25 change fee will be applied.

## **CHECK-IN**

Please arrive 30 to 60 minutes prior to appointment time to take full advantage of the Spa facilities. Appointments begin promptly at the time scheduled. If you arrive late, the appointment is shortened to allow the technician to be on time for the next session.

## **SPA AMENITIES**

The Broadmoor Spa offers a Steam Room, Sauna, Oxygen Room, and Lounge area that are gender specific as well as a Co-Ed Mountain View Room and Terrace that overlooks the beautiful 18<sup>th</sup> Green of our East Championship golf course. These amenities are complimentary with scheduled Spa services. The use of the Fitness Center, Indoor Pool and Outdoor Whirlpool is reserved for hotel guests only.

## **LUNCH**

The Spa does not allow food or alcoholic beverages on the 3rd floor. The Broadmoor offers a variety of dining options throughout the property for all guests to enjoy.

## **ALCOHOL & SPA SERVICES**

For safety reasons, alcohol is not served in our Salon or Spa. We do not recommend consumption of alcohol before or after any Spa/Salon service. The Spa reserves the right to reschedule or cancel services for those who appear to be intoxicated.

## **CHILDREN, TEENS AND SPA SERVICES**

The Broadmoor Spa is an adult area and we respectfully request that guests do not bring their children to services with them. The 3rd floor of the Spa, which includes the Locker and Spa Amenities area, is reserved for those 16 years of age and older. We offer services to guests under the age of 16 in our 2nd floor Salon (please see menu for offerings). Our Broadmoor Hotel Concierge will be happy to assist in arranging babysitting or Bee Bunch Day Camp opportunities as availability permits. Our Spa Team is not able to assist in on-site childcare.

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## PATRON RESPONSIBILITIES

We do have a brief Health History form for all guests to fill out prior to scheduled face and body treatments to ensure we are able to provide the safest possible service. Please advise our staff of any special requests, sensitivities, allergies, if you are nursing, taking any medications or have a special medical condition. For certain medical conditions, we recommend that you check with your physician before visiting the Spa. Your therapist will review your Health History prior to beginning your service and if (s)he believes that the service you are scheduled for is unsafe for you based on the provided information, (s)he may recommend cancelling the service, booking a different service instead, or modifying the service to ensure your safety. As we are always concerned with your safety and comfort, the Spa reserves the right to refuse service to any guest at any time.

## SPA/SALON LOCATION & PARKING

The Spa/Salon is located in the Golf Club building, at the southeast corner of The Broadmoor property. The Spa is located on the 3rd floor, with the Salon located on the 2nd floor Mezzanine Lake level. You may park in the parking garage at Broadmoor Hall on Lake Circle for a fee, or you may valet park at the main entrance of the resort. Shuttles are available on property to take you to the front entrance of the Golf Club building.



## **FOR RESERVATIONS:**

From within the hotel, dial 5770.

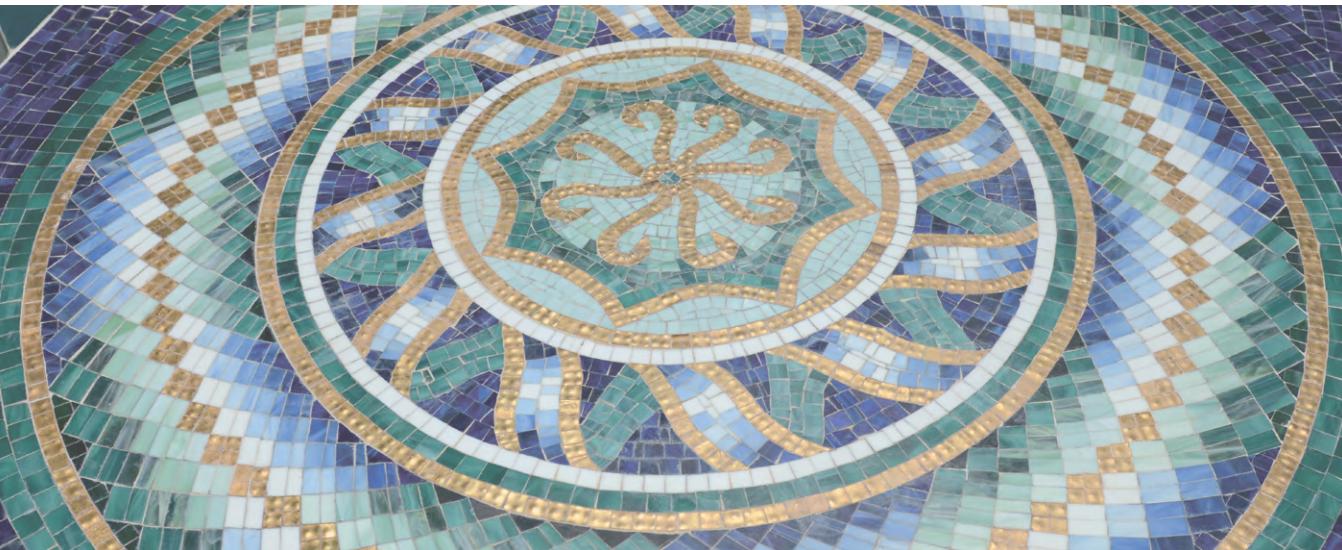
From off-property, dial 866.686.3965 or directly at 719.577.5770.

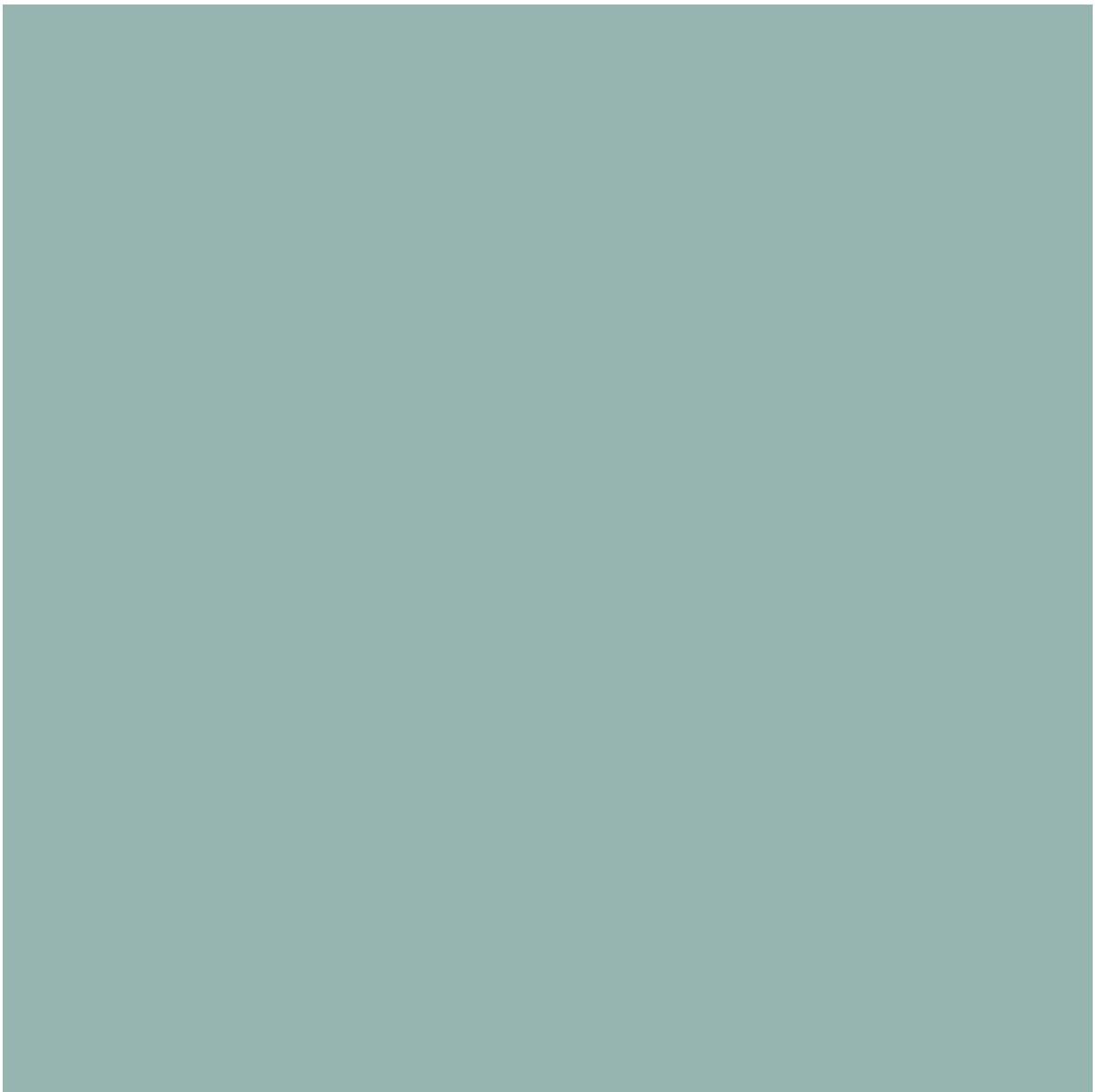
Open to the Public.

Visit our website at [broadmoor.com](http://broadmoor.com).

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In keeping with our priority of reducing the Spa's environmental footprint wherever possible, we strive to meet the following initiatives: conserve energy and water resources; use materials that can be recycled; follow recycling practices and continuously look for effective ways to minimize waste; partner with environmentally conscious vendors; use environmentally friendly cleaning products; and remain open to learning and adopting new and environmentally friendly strategies and techniques. To help us better meet our goal, please consider recycling this brochure by returning it to the spa, passing it on to a friend or recycling it with other paper products.







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ONE LAKE AVENUE  
COLORADO SPRINGS, COLORADO 80906  
BROADMOOR.COM

